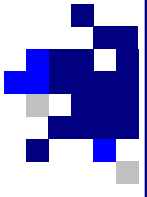


PACS/CCC Pennyrile  
Regional Network presents:



# Inside Out:

First Digital  
Conference!!

Understanding what is going on  
inside the minds of our children and  
youth.

Date: April 10th  
2020

Time: 8:30am-  
4:00pm



Available  
through Zoom  
and Facebook  
Live

### ~Presentations to Include~

- **Youth Anxiety in an Uncertain World** **Kim Wilson LCSW**: understanding anxiety, what is toxic and typical anxiety, what are some coping skills to be learned and more.
- **Human Trafficking and the Recruiting Process** **Bob Couchman Ret. Detective** : understanding affects and dangers of social media and technology in the lives of today's children and youth.
- **Bikers Against Child Abuse**: what is BACA and how can BACA help children who have experienced abuse and or neglect.
- **Welcoming Schools and Communities for LGBTQ Youth in Rural Areas** **Dr. Nicole Begg UK Assistant Professor**: learning important techniques to help build safe homes, schools, communities and lives for children in the LGBTQ community

[For more information contact Sabrina.b@pacs-ky.org](mailto:Sabrina.b@pacs-ky.org)

